

# Washington Family Mental Health Resource Hub Review

The University of Washington CoLab for Community and Behavioral Health Policy convened a group of ten Washington-based youth and caregivers to evaluate youth-focused mental health resource hubs. See the list of community reviewed hubs below.

Scan this QR code to access the full report.



**Kids' Mental Health WA Resources**  
Streamlines and coordinates youth behavioral health resources



Website in Spanish  
☒ Yes ☐ No  
Resources in Spanish  
☐ Yes ☒ No



**NAMI WA Resources**  
Collection of resources by grassroots mental health organization



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**Nexus: Mental Health Hub for Schools**  
Teen-to-teen mental health resources



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**OSPI Student Safety Center**  
School-linked mental health support



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**Seattle Children's**  
HOSPITAL • RESEARCH • FOUNDATION  
**Seattle Children's Mental Health Resource Hub**  
Reputable pediatric medical center



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**Teen Health Hub WA**  
Adolescent-reviewed information



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**Washington TeenLink**  
Crisis connections search tool



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☒ Yes ☐ No



**WASHINGTON STATE COMMUNITY CONNECTORS**  
Connecting Families, Resources & Ideas  
**WA Community Connectors Behavioral Health Resources**  
Family driven network



Website in Spanish  
☐ Yes ☒ No  
Resources in Spanish  
☐ Yes ☒ No